Book of Virtues
by
William J. Bennett

COURAGE

• Introduction
• The Wee Wee Woman
• Our Heroes
• Crossing the Rubicon
• Dolley Madison Saves the National Pride
• An appeal from the Alamo
• The Iron Horse
• The Moses of her People
• Prisoner of War
• The Road not taken

Unit Projects:
Star-Spangled Research
Fighting battles closer to home
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Star-Spangled Research
Fighting battles closer to home
The Star Spangled Banner Research & Art Project

Using Google, or another internet Search engine, research the Star Spangled Banner our National Anthem. You will need to find out who wrote it, when was it written, and under what circumstances. Then using the lyrics as reference, paint or draw a picture of what you think the creator witnessed that inspired the song. Then compare it to the link below to see how someone else viewed the incident from the words of the song.

Fill out the worksheet below to find the information on the Star Spangled Banner.

Title: ____________________________________________________________

Who wrote it? _____________________________________________________

When was it written? _______________________________________________

When did it become our national Anthem? _______________________________

What circumstances did the author find himself in that inspired the National Anthem?

__________________________________________________________________

__________________________________________________________________

__________________________________________________________________

__________________________________________________________________

What words in the song describe the night?

__________________________________________________________________

__________________________________________________________________

__________________________________________________________________

__________________________________________________________________

Now using the information that you have learned, come up with a creative way to depict the night our national anthem was written. Such as paint or draw a picture that shows “the bombs bursting in air” or something else along those lines. Or perhaps make a clay sculpture or a diorama that depicts that memorialized night.

For those of you who are not citizens of the United States, look up the same information about your own country’s national Anthem. Create a project that either depicts how you feel about your nation, or shows the moment that your anthem describes.
Fighting Battles Closer to Home

Sometimes it takes more courage to fight battles of peer pressure than it does to fight the battles over injustice. Take time this week to write down your choices about drugs, alcohol, pre-marital relations, dress and any other choices that you feel a readymade choice will help your to be prepared to battle peer pressure.

Think things through. This is the time to make your choices. Not the choices that someone at church tells you you SHOULD make. Or even necessarily what your parents want you to choose. A choice isn’t a choice unless you make it. Decide what your choice is and why. If you have the reason—then when you are faced with the temptation it will be easier to stick to your decision.

Drugs:
I have decided to: __________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
Why did I choose that: ___________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

Alcohol:
I have decided to: _________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
Why did I choose that: ___________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

Pre-Marital Relations:
I have decided to: _________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
Why did I choose that: ___________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
Fighting Battles Closer to Home

The way I will dress:

I have decided to:________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Why did I choose that:____________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Choice:

I have decided to:________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Why did I choose that:____________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Choice:

I have decided to:________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Why did I choose that:____________________________________________________________________
_____________________________________________________________________________________
Vocabulary:

- Dispositions
- Susceptible
- Conscience
- Eloquence
- Dictates

Questions:

Why would an utterly fearless man be more dangerous than a coward?

What is the difference between a brave man and a rash man?

What does the phrase “wisdom dictates” mean?

What fear is almost universal in children?

On a separate piece of paper, write your definition of what bravery is.
Courage Unit 6
Introduction
Courage Unit 6
The Wee Wee Woman

Vocabulary: ➢ Suspense

Questions:

What is the purpose of this story? ______________________
______________________________________________________________________________
______________________________________________________________________________
How did the Wee Wee woman react to hearing the noise? ______________________
______________________________________________________________________________
______________________________________________________________________________
How did she react when she discovered what was making the noise?__________________
______________________________________________________________________________
______________________________________________________________________________
Are you sometimes afraid of things you can’t see? ______________________
______________________________________________________________________________
______________________________________________________________________________
What should you do when faced with an unknown fear? ______________________
______________________________________________________________________________
______________________________________________________________________________
Courage Unit 6
Our Heroes

Vocabulary

➢ Temptation ➢ Foe ➢ Strife

Questions:

Compare the first stanza to peer pressure? __________

________________________________________________________________________

________________________________________________________________________

How can fighting sin single handed take more courage than leading an army to battle? ________________

________________________________________________________________________

________________________________________________________________________

How can you stand firm? __________________________

________________________________________________________________________

________________________________________________________________________

Who will extend strength to you while you fight your battle? __________________________

________________________________________________________________________
Courage Unit 6
Our Heroes
Courage Unit 6
Crossing the Rubicon

Vocabulary

➢ Accusations ➢ Fatigue

Questions:

What order was Julius Ceaser given? __________________________
________________________________________________________________________
________________________________________________________________________

What choice did Ceaser’s Troops have to make? __________
________________________________________________________________________
________________________________________________________________________

At the Rubicon, Ceaser knew he had to make a choice. What were the options he had?________________________
________________________________________________________________________
________________________________________________________________________

As he reached the far side of the river, what was it that he cried out? __________________________
________________________________________________________________________
________________________________________________________________________

What does it mean when someone says; we have a Rubicon to cross? __________________________
________________________________________________________________________
________________________________________________________________________
Courage Unit 6
Dolley Madison Saves the National pride

Vocabulary

Unflinching  Chaos  Procure  Disaffection

Questions:

What did Dolley Sacrifice and what did she stow away in the trunks?

Who was Dolley waiting for prior to leaving?

What was “French John’s” plan should the British enter the White House?

Who came to help Dolley?

What wouldn’t Dolley leave behind?
Courage Unit 6
An appeal from the Alamo

Vocabulary

- Bombardment
- Discretion

Questions:

What was the enemy’s demands?__________________
______________________________________________
______________________________________________

How did Lt. Col. Travis respond?____________________
_______________________________________________

What was Travis determined to do?__________________
_______________________________________________

Look up information on the Alamo. Compare the dates of the letter with the final battle.

Date of letter: _____________ Date of battle:__________

Do you think Lt. Col. Travis forgot what was due to his honor or his country?______________________________
______________________________________________________________________________
Courage Unit 6
An appeal from the Alamo

______________________________________________
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Courage Unit 6
The Iron Horse

Vocabulary

Irrepressible

Questions:

Lou Gehrig did what for a living?______________________________
________________________________________________________________

Why did he bench himself halfway through the season?_________________________________________
________________________________________________________________

What limitations did the doctor give him concerning his job?________________________________
________________________________________________________________

Who was the one person that Lou wanted to come to Gehrig Appreciation Day?________________
________________________________________________________________

Did Lou just let his life pass by or did he try to do something with it?________________________
________________________________________________________________

When faced with a major health issue, how should you respond? ?________________________________
Courage Unit 6
The Iron horse
Courage Unit 6
The Moses of her People

Vocabulary

➢ Deliverence
➢ Quaker

Questions:

Where was Harriet trying to go and why?__________________
______________________________________________________________________________

Why was Harriet known as the Moses of her people?___
______________________________________________________________________________
______________________________________________________________________________

Who was Harriets unseen protector?______________________
______________________________________________________________________________
______________________________________________________________________________

Was the Help that came a surprise to Harriet?__________
______________________________________________________________________________
______________________________________________________________________________

Why did she expect help? ________________________________
______________________________________________________________________________
______________________________________________________________________________
Courage Unit 6
The Moses of her People

[Blank space for writing]
Courage Unit 6
Prisoner of War

Vocabulary

✧ POW  ✧ MIA

Questions:

According to Epictetus, what things should you concern yourself about?__________________________________________________________

In your own words, what is a POW?__________________________________________________________

How long was Stockdale a POW?__________________________________________________________

What did the Vietnamese officer want Stockdale to do?__________________________________________________________

How did the POWs fight “City Hall” so to speak?__________________________________________________________

Veteran Tributes
Honoring Those Who Served
Courage Unit 6
The Road not Taken

Vocabulary

⇒ Diverge

Questions:

What does each of the stanza’s mean:

1: __________________________________________________________________________
   __________________________________________________________________________

2: __________________________________________________________________________
   __________________________________________________________________________

3: __________________________________________________________________________
   __________________________________________________________________________

4: __________________________________________________________________________
   __________________________________________________________________________

What choices in your life can make all the difference?
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
Courage Unit 6
The Road not Taken
## Unit 6: Courage Vocabulary

<table>
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<tr>
<td><strong>Definitions</strong></td>
<td><strong>Meanings</strong></td>
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<td>Dispositions</td>
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<td>conformity to one's own sense of right conduct</td>
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<td>powerful and effective language</td>
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<td>a guiding principle</td>
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<td>excited anticipation of an approaching climax</td>
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### Unit 6: Courage Vocabulary

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- **conformity** to one's own sense of right conduct
- **yielding readily to or capable of** a natural or acquired habit or characteristic tendency in a person or thing
- **excited anticipation of an approaching climax**
- **a guiding principle**
- **bitter conflict; heated often violent dissension**
- **a personal enemy**
- **not shrinking from danger**
- **temporary loss of strength and energy resulting from hard physical or mental work**
- **disloyalty to the government or to established authority**
- **get by special effort**
- **impossible to control**
- **the trait of judging wisely and objectively**
- **extend in a different direction**
- **a member of the Religious Society of Friends founded by George Fox**
- **recovery or preservation from loss or danger**
Unit 6: Courage

Complete the crossword. Not all vocabulary words will be used.
CLUES

Across
1. YIELDING READILY TO OR CAPABLE OF
2. NOT SHRINKING FROM DANGER
3. RECOVERY OR PRESERVATION FROM LOSS
   OR DANGER
4. CONFORMITY TO ONE’S OWN SENSE OF
   RIGHT CONDUCT
5. AN ASSERTION THAT SOMEONE IS GUILTY
   OF A FAULT OR OFFENCE
6. IMPOSSIBLE TO CONTROL
8. EXCITED ANTICIPATION OF AN
   APPROACHING CLIMAX
9. TEMPORARY LOSS OF STRENGTH AND
   ENERGY RESULTING FROM HARD PHYSICAL
   OR MENTAL WORK
10. THE TRAIT OF JUDGING WISELY AND
    OBJECTIVELY
11. GET BY SPECIAL EFFORT
12. A GUIDING PRINCIPLE
13. BITTER CONFLICT; HEATED OFTEN VIOLENT
    DISSENSION
14. POWERFUL AND EFFECTIVE LANGUAGE
15. EXTEND IN A DIFFERENT DIRECTION
16. A STATE OF EXTREME CONFUSION AND
    DISORDER
17. A MEMBER OF THE RELIGIOUS SOCIETY OF
    FRIENDS FOUNDED BY GEORGE FOX
18. A PERSONAL ENEMY

Down
3. RECOVERY OR PRESERVATION FROM LOSS
   OR DANGER
4. CONFORMITY TO ONE’S OWN SENSE OF
   RIGHT CONDUCT
6. IMPOSSIBLE TO CONTROL
7. THE HEAVY FIRE OF ARTILLERY TO
   SATURATE AN AREA RATHER THAN HIT A
   SPECIFIC TARGET
10. THE TRAIT OF JUDGING WISELY AND
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11. GET BY SPECIAL EFFORT
12. A GUIDING PRINCIPLE

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Unit 6: Courage

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Unit 6: Courage

Can you find the hidden words? Not all vocabulary words will be used.
CLUES

1. EXCITED ANTICIPATION OF AN APPROACHING CLIMAX
2. CONFORMITY TO ONE’S OWN SENSE OF RIGHT CONDUCT
3. THE HEAVY FIRE OF ARTILLERY TO SATURATE AN AREA RATHER THAN HIT A SPECIFIC TARGET
4. THE TRAIT OF JUDGING WISELY AND OBJECTIVELY
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Unit 6: Courage

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| V S U S C E P T I B L E M Z J |
| Z Q U A K E R S T R I F E L E |
| O D D A O R E L K M D M J V B |
| A T I W C U L F N J I R Z E E |
| C N S C E N B S O F C E J P C |
| C E A D C F I F I P T R F W N |
| U M F D N L S S T J A U A E E |
| S D F X E I S U E E T C T C R |
| A R E S I N E S R G E O I N E |
| T A C O C C R P C R S R G E V |
| I B T A S H P E S E F P U U I |
| O M I H N I E N I V X O E Q L |
| N O O C O N R S D I O Z E O E |
| S B N C C G R E N D A T O L D |
| D S N O I T I S O S P I D E K |
CLUES

1. EXCITED ANTICIPATION OF AN APPROACHING CLIMAX
2. CONFORMITY TO ONE'S OWN SENSE OF RIGHT CONDUCT
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18. A GUIDING PRINCIPLE
19. NOT SHRINKING FROM DANGER
20. AN ASSERTION THAT SOMEONE IS GUILTY OF A FAULT OR OFFENCE
Unit 6 Courage

Complete the crossword. Not all vocabulary words will be used.
### CLUES

**Across**

1. YIELDING READILY TO OR CAPABLE OF RECOVERY OR PRESERVATION FROM LOSS OR DANGER
2. NOT SHRINKING FROM DANGER
3. RECOVERY OR PRESERVATION FROM LOSS OR DANGER
4. CONFORMITY TO ONE'S OWN SENSE OF RIGHT CONDUCT
5. AN ASSERTION THAT SOMEONE IS GUILTY OF A FAULT OR OFFENCE
6. IMPOSSIBLE TO CONTROL
8. EXCITED ANTICIPATION OF AN APPROACHING CLIMAX
9. TEMPORARY LOSS OF STRENGTH AND ENERGY RESULTING FROM HARD PHYSICAL OR MENTAL WORK
10. THE TRAIT OF JUDGING WISELY AND OBJECTIVELY
11. GET BY SPECIAL EFFORT
13. BITTER CONFLICT; HEATED OFTEN VIOLENT DISSENSION
14. POWERFUL AND EFFECTIVE LANGUAGE
15. EXTEND IN A DIFFERENT DIRECTION
16. A STATE OF EXTREME CONFUSION AND DISORDER
17. A MEMBER OF THE RELIGIOUS SOCIETY OF FRIENDS FOUNDED BY GEORGE FOX
18. A PERSONAL ENEMY

**Down**

2. UNFLINCHING
4. CONSCIENCE
6. IRREPRESSIBLE
7. THE HEAVY FIRE OF ARTILLERY TO SATURATE AN AREA RATHER THAN HIT A SPECIFIC TARGET
11. PROCURE
12. A GUIDING PRINCIPLE

### Answers

**Across**

1. SUSCEPTIBLE
3. DELIVERENCE
5. ACCUSATIONS
8. SUSPENSE
9. FATIGUE
10. DISCRETION
13. STRIFE
14. ELOQUENCE
15. DIVERGE
16. CHAOS
17. QUAKER
18. FOE

**Down**

2. UNFLINCHING
4. CONSCIENCE
6. IRREPRESSIBLE
7. BOMBARDMENT
11. PROCURE
12. DICTATES
Unit 6: Courage

Can you find the hidden words? Not all Vocabulary words will be used.
CLUES

1. EXCITED ANTICIPATION OF AN APPROACHING CLIMAX
2. CONFORMITY TO ONE'S OWN SENSE OF RIGHT CONDUCT
3. THE HEAVY FIRE OF ARTILLERY TO SATURATE AN AREA RATHER THAN HIT A SPECIFIC TARGET
4. THE TRAIT OF JUDGING WISELY AND OBJECTIVELY
5. DISLOYALTY TO THE GOVERNMENT OR TO ESTABLISHED AUTHORITY
6. A PERSONAL ENEMY
7. TEMPORARY LOSS OF STRENGTH AND ENERGY RESULTING FROM HARD PHYSICAL OR MENTAL WORK
8. A MEMBER OF THE RELIGIOUS SOCIETY OF FRIENDS FOUNDED BY GEORGE FOX
9. IMPOSSIBLE TO CONTROL
10. A STATE OF EXTREME CONFUSION AND DISORDER
11. YIELDING READILY TO OR CAPABLE OF
12. GET BY SPECIAL EFFORT
13. POWERFUL AND EFFECTIVE LANGUAGE
14. RECOVERY OR PRESERVATION FROM LOSS OR DANGER
15. BITTER CONFLICT; HEATED OFTEN VIOLENT DISSENSION
16. EXTEND IN A DIFFERENT DIRECTION
17. A NATURAL OR ACQUIRED HABIT OR CHARACTERISTIC TENDENCY IN A PERSON OR THING
18. A GUIDING PRINCIPLE
19. NOT SHRINKING FROM DANGER
20. AN ASSERTION THAT SOMEONE IS GUILTY OF A FAULT OR OFFENCE

ANSWER KEY (Starting letter: x,y)
1. SUSPENSE(8,7)     8. QUAKER(2,2)     15. STRIFE(8,2)
2. CONSCIENCE(5,14)   9. IRREPRESSIBLE(7,15)   16. DIVERGE(10,14)
3. BOMBARDMENT(2,14)  10. CHAOS(4,13)     17. DISPOSITIONS(13,15)
4. DISCRETION(9,13)   11. SUSCEPTIBLE(2,1)    18. DICTATES(11,3)
5. DISAFFECTION(3,3)  12. PROCURE(12,11)    19. UNFLINCHING(6,4)
6. FOE(11,11)         13. ELOQUENCE(14,15)   20. ACCUSATIONS(1,4)
7. FATIGUE(13,6)      14. DELIVERENCE(15,14)
Yesterday I dared to struggle. Today I dare to win.

Bernadette Devlin
Yesterday I dared to struggle. Today I dare to win.

Bernadette Devlin
Yesterday I dared to struggle. Today I dare to win.

Bernadette Devlin

___________________________________________________________

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Do you need to try again?

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___________________________________________________________

Check your work, is it neat? ____________________
History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not be lived again.

Maya Angelou
History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not be lived again.

Maya Angelou:
History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not be lived again

Maya Angelou
Courage is going from failure to failure without losing enthusiasm.

Winston Churchill
Courage is going from failure to failure without losing enthusiasm.

Winston Churchill
Courage is going from failure to failure without losing enthusiasm.

Winston Churchill

Do you need to try again?

Check your work, is it neat? ____________________
“If my mind can conceive it, and my heart can believe it, I know I can achieve it.”

Jesse Jackson
“If my mind can conceive it, and my heart can believe it, I know I can achieve it.”

Jesse Jackson
“If my mind can conceive it, and my heart can believe it, I know I can achieve it.”

Jesse Jackson

Do you need to try again?

Check your work, is it neat? __________________
“A ship is safe in harbor, but that's not what ships are for.”

William Shedd
“A ship is safe in harbor, but that's not what ships are for.”

William Shedd
“A ship is safe in harbor, but that’s not what ships are for.”

William Shedd

Do you need to try again?

Check your work, is it neat? _________________
“Sometimes courage is the quiet voice at the end of the day saying, “I will try again tomorrow.”

Mary Anne Radmacher
“Sometimes courage is the quiet voice at the end of the day saying, "I will try again tomorrow."

Mary Anne Radmacher
“Sometimes courage is the quiet voice at the end of the day saying, “I will try again tomorrow.”

Mary Anne Radmacher

Do you need to try again?

Check your work, is it neat? ________________
“Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.”

Winston Churchill
“Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.”

Winston Churchill
“Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.”

Winston Churchill

Do you need to try again?

Check your work, is it neat? _______________
“Courage is simply the willingness to be afraid and act anyway.”

Dr. Robert Anthony
“Courage is simply the willingness to be afraid and act anyway.”

Dr. Robert Anthony
“Courage is simply the willingness to be afraid and act anyway.”

Dr. Robert Anthony

Do you need to try again?

Check your work, is it neat? __________________
"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Reinhold Niebuhr
“God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”

Reinhold Niebuhr
“God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”

Reinhold Niebuhr
Failure is unimportant. It takes courage to make a fool of oneself.

Charlie Chaplin
Failure is unimportant. It takes courage to make a fool of oneself.

Charlie Chaplin
Failure is unimportant. It takes courage to make a fool of oneself.

Charlie Chaplin

Do you need to try again?

Check your work, is it neat? _____________________
Book of Virtues
Unit 6: Courage

Compare and Contrast

Bene Rash

Bene Brave

Courage 1:1

How should you face your fears in the dark?

Courage 1:2
Cut the flaps apart. Then glue the first flap (the one that starts “Explain how...”) down to the middle section.

Put on the Whole Armor of God

Helmet

Sword

Feet Shod (boots)

Shield

Back (Girder)

Sword

Helmet

Explain how each piece of armor helps you face each day with courage.

Sword

Helmet

Back (Girder)

Sword

Helmet

Back (Girder)

Sword

Helmet

Back (Girder)
The Rubicon represents choices we make and how they can change our lives. What Rubicons have you crossed? How did they change your life? Did it take courage to face this Rubicon?

After folding the chest on the next page, glue the Things to pack strip to the inside of the top flap. Add in the above items that you think Dolley Madison would have taken with her when she left the White House. Glue the Things she left the White House.
How did the situation at the Alamo show who was courageous and who wasn't?
How did Lou Gehrig dealing with his health condition show courage?

Can you dealing with everyday problems show that you have courage?

What courage did Harriet Tubman show when helping with the underground railroad?
Write a letter giving thanks to the men and women who have served in the military and have given of their time, duty, courage, love and lives to their country. Keep it in the pocket below.
The poem is about choices. We all have choices to make. Some are easy and some are hard. Use this pentagon to make 5 decisions. 3 are already prepared. Color the triangle that represents your decision. Then decide on two more areas that you must make a choice on. Give both options and color in the appropriate triangle. Fill in the top triangle.

Cut top pentagon on the dotted lines. Add glue to the center pentagon or use a brad.
This is the unit wrap up for Unit 6: Courage. Help the cowardly lion to face the flying monkeys by writing different acts of courage, definitions of courage, or ways you have faced your fears. Place monkeys in cowardly lion pocket.