

College of Homemaking

General Guidelines

- 1: Each Degree must be completed in order:
Bachelor, Masters, then Doctorate.
- 2: This Course will run from September to May with
Graduation in June.
- 3: If you find an item you do consistently and
well, challenge yourself to do something different.
- 4: If you need help in completing a requirement,
please contact your Homemaking Leader so she can
plan workshops.
- 5: You can have the requirements signed off by the
Relief Society Presidency, the Homemaking Leader,
or your Husband.
- 6: You must make an apron of your choice to be
worn on graduation day as part of your gown. Your
graduation cap will be provided and you will be
awarded a diploma for each degree you earn.

Bachelor's Degree

Complete 20 of the following requirements

1. Make a crocheted item
2. Make a knitted item
3. Darn a sock
4. Bake and frost a cake
5. Can, freeze, or dry fruits or vegetables
6. Learn to bake bread
7. Make an apron
8. Make something with an appliqué on it
9. Make an embroidered item
10. Learn to quilt, or if skilled, work on a quilted item
11. Make a white sauce
12. Make baking powder biscuits from scratch
13. Make a pie from scratch
14. Make or update a recipe file
15. Make or try a new cookie recipe
16. Make a simple item of clothing
17. Do three of the following
 - Set in a sleeve
 - Sew on a cuff
 - Sew an item with gathers
 - Sew in a zipper
 - Sew snaps on an article
 - Sew Hooks and Eyes on a article
18. Read a new scripture every day for a month
19. Weed your garden, Rake your lawn, etc.
20. Start or update your food storage
21. Make a casserole using food storage
22. Make two different kinds of salads
23. Get mending caught up and keep up for one month
24. Listen thoughtfully and carefully to every question asked of you for an entire day
25. Do something special for your husband or for an adult friend one day each week for one month
26. Get rid of something you haven't worn or used in the last year
27. Help in the Relief Society Nursery

Master's Degree

Complete 18 of the following requirements

1. Do a pedigree chart of your ancestors—4 generations if possible
2. Visit the Family History Library at least two times
3. Start your journal and make at least an entry a week for three months
4. Make at least two of your Christmas gifts
5. Collect 6 new recipes and try them
6. Make a flower arrangement
7. Make an item of clothing for yourself
8. Make or update a first aid kit
9. Make on dinner entirely without meat
10. Make a batch of candy
11. Make one foreign dish
12. Make a try of appetizers
13. Make a raised sweet roll
14. Make a fancy pastry (i.e. eclairs or cream puffs)
15. Learn to do two of the following
 - Crewel embroidery tatting
 - needlepoint macramé
 - plastic canvas huck
 - weaving hairpin lace
 - hand waving counted cross
 - stitch curtains
16. Learn to replace a zipper in boy's or men's pants
17. Make a quilt: Baby, pillow, bag, etc.
18. Make a set of pillow cases
19. Plan and serve a dinner or luncheon for the missionaries
20. Make a favorite meal for husband, children, or a friend once a week for a month
21. Take a meal into a family
22. Catch up on ironing and keep it up for a month
23. Add at least one item to your food storage
24. Avoid gossiping for one week
25. Write a letter to your out of town friends
26. Read a least one book written by a General Authority

27. Spend at least one full hour a week devoted entirely to yourself

Doctorate's Degree

Complete 15 of the following requirements

1. Repair something electrical
2. Redecorate a room
3. Sew cording on something
4. Put a washer on a faucet
5. Refinish a piece of furniture
6. Upholster a piece of furniture
7. Organize your sewing center
8. Learn how to use wall paper or contact paper
9. Clean and organize your closets
10. Write your personal history
11. Prepare an emergency preparedness kit
12. Bake a batch of bread for your family every week for a month
13. Make up a work schedule for your routine work and follow it for two months
14. Every day for one week do one long needed item - cleaning the stove for example
15. Label and date all photos of your family in a pleasing manor
16. Make a batch of jelly or jam
17. Bear your testimony in a church meeting
18. Be patient, kind and understanding to everyone in your family and acquaintance for one week-
Consciously
19. Spend one special hour with each one of your children doing something they want to do
20. Add an additional item to your food storage
21. Sew a suit or fancy outfit
22. Read your scriptures daily for three months
23. Develop a new talent
24. Cover a scrap book